



70 Years
1952-2022



OFFICE HOURS

Monday: 8.30am - 12.30pm
Tuesday - Thursday: 8.30am - 3.30pm
Friday: 8.30am - 12.30pm

Address: 100 Mayfield Road
Carina Qld 4152
Postal: PO Box 305,
Carina Qld 4152
Phone: (07) 3398 2977
Email: carina@bne.catholic.net.au
Website: www.carinacatholicparish.org.au
Facebook: Our Lady of Graces Catholic
Parish, Carina

MASS TIMES

Saturday: 6pm
Sunday: 7am, 9am & 5.30pm
10.30am (Italian)

Weekday: 6.30am & 9am
Monday - Friday
8am Saturday
& Public Holidays

RECONCILIATION

Saturday: 8.30am - 9.00am
5.30pm - 6.00pm
or by appointment

PARISH TEAM

Parish Priest: Fr Alex Vickers O.P.
Assistant Priest: Fr Maurice Keating O.P.
Pastoral Associate: Shelly Stone
Email: sc.carina@bne.catholic.net.au
Parish Secretary: Chris Larter
Email: carina@bne.catholic.net.au
Finance Officer: Chris Larter
Email: fo.carina@bne.catholic.net.au
Italian Chaplain: Fr Angelo Cagna CS
Phone: 04236 48736

Spread The Word

Vol. 38 No. 13 Palm Sunday of the Passion of the Lord 2 April 2023

The community of Our Lady of Graces acknowledges the Traditional Custodians of the land on which our parish stands.

Reflection by Dianne Bergant CSA

As we prepare to enter the sacred time of Holy Week, we look again at the significance of Christ in our lives. Though he was really in the form of God, Jesus came in the form of a slave. We have a saviour who was crushed for our iniquities, nailed to a cross as a convicted felon, and there endured the sense of abandonment. We have a saviour who was finally lifted up and exalted precisely because he emptied himself of his divine privileges. Unlike conquerors who triumph by putting down their opponents, Jesus was raised up because he himself was first willing to be put down. We have a saviour who first offered himself *for* us and then continues to offer himself *to* us as an example to follow. As he was willing to empty himself for our sake, so we must to be willing to empty ourselves for the sake of others.

The best way to enter Holy Week with Jesus is in the company of those with whom he has identified himself: the poor and the broken; the humiliated and the marginalised; those who suffer the abuse of others; those who never use rank to force their will. If we are to be saved, we must go where salvation takes place: in our streets and in our homes where violence rages; in the dark corners of life where despair holds sway; wherever the innocent are abused or the needy are neglected; wherever there is misunderstanding or fear or jealousy. We must go wherever Christ empties himself for our sake.



Project Compassion: Week 6

Every day, more than 200 million children miss out on school, around 690 million people go hungry and 2.2 billion people cannot access clean drinking water.

With your generosity, Caritas Australia has been able to help millions of vulnerable people around the world, through the Project Compassion appeal.



San Sisto College

Women of Integrity Shaping the Future

TAKE A TOUR



PARISH HAPPENINGS

LOOKING AHEAD

Monday 3 April

- 7.00pm Italian Prayer Group – Church

Tuesday 4 April

- 1.00pm Funeral: Madonna Wright – Church

- 7.30pm Social Justice Committee – Library

Wednesday 5 April

- 9.45am Novena: OLPH – Church

- 6.30pm Legion of Mary – Library

Let us remember in prayer all those who are sick Sue & Miles Thorne, Alan Ma, Neville Black, Ciaran Ayres, Caroline Massa, Marie Atkinson, Elliott Jones-Perrin, Pamela O'Reilly, Noah Riley **those whose anniversaries occur around this time** Helen Willis, Colin Grieshaber, Derek Callow, Patrick Coyne, Sam Herat, Dorothy Ingledew, Fr Joe Wilson OP, Ellen Britton, Marg Elizabeth White, Romeo Sayoto, Paul Joseph Thompson, Pat Boyle, Michele Grasso, Beatrice Hancox **and the recently deceased** Madonna Wright, Carmel Forster, Lena Wilson, John Fry, Bernie Williams.

Thank You: Parish Mission Event

Thank you to everyone who supported the Parish Mission Event this past week by either welcoming those attending the sessions, taking up the collection, serving tea & coffee afterwards, preparing food or even just attending the sessions.

We hope all who attended the Mission Event went away with a deeper faith, a sense of hope and knowledge we can apply to everyday life.

Thank You: Working Bee & Palm Fronds

Thank you to all the volunteers who came along yesterday, Saturday 1 April, to either the working bee or to help set up the church for Palm Sunday.

Also, thank you to those who provided palm fronds and cyprus pine branches for Palm Sunday.

Parish Shop News

- From Ashes to Hope, Daily Reflections for Lent and the Easter Octave: \$5.00
- 'He Is Alive: Easter Isn't Just One Day Activity Book for Kids': \$2.00.



Parish Office Hours This Week

- Monday: 8.30am-12.30pm
- Tuesday: 8.30am-3.30pm
- Wednesday: 8.30am-3.30pm
- Thursday: 8.30am-12.30pm

The Parish Office will then be closed from Good Friday (7 April) through to Easter Monday (10 April). Office hours will return to normal on Easter Tuesday.

Morning Masses - Triduum & Easter Monday

A reminder that there are NO morning Masses on Holy Thursday (6 April), Good Friday (7 April) and Holy Saturday (8 April). On Easter Monday (10 April) there will be Mass at 8.00am only.

Sacred Paschal Triduum

Holy Thursday [6 April]

7pm Mass of the Lord's Supper

Followed by Adoration of the Blessed Sacrament until 10pm

Good Friday [7 April]

10am Stations of the Cross [indoors & outdoors]

1st Rite of Reconciliation available

after Stations of the Cross

3pm Celebration of the Passion of the Lord

7pm Italian Stations of the Cross

Holy Saturday [8 April]

7pm Easter Vigil in the Holy Night

Easter Sunday [9 April]

7am Mass, 9am Mass & 10.30am Italian Mass

Note: NO Evening Mass on Easter Sunday

The Sacred Paschal Triduum is ONE liturgical celebration that begins with the Evening Mass of the Lord's Supper on Holy Thursday, celebrates the Passion of Our Lord on Good Friday, reaches its high point at the Easter Vigil, and closes on Easter Sunday evening. The celebration of the Triduum is the culmination and core of the entire liturgical year.

Holy Thursday - Mass of the Lord's Supper:

One of the primary elements of the Mass of the Lord's Supper is the ritual of the Washing of the Feet. This liturgical gesture ritualises the Christian ideal of a leadership of service. The ritual is not a re-enactment of the Gospel. Having one's feet washed is not a reward or honour.

As part of this service to others, it is an opportunity for gifts to be presented to the poor. We do this through taking up a collection to support our local St Vincent de Paul conference. It is also a good opportunity, if you are attending this Mass, for you to return your Project Compassion envelopes & boxes.

Adoration of the Blessed Sacrament at the end of the Mass will be held in the Church.

COVID Update

Bishop Ken Howell sent out an update this past week in regards to some updated COVID protocols for liturgical practices at Mass.

Sign of Peace

People may choose to shake hands or embrace if they wish to do so.

Holy Communion from the Chalice

Parishes are allowed to reintroduce the reception of communion from the chalice from Holy Thursday. ***It is emphasised, however, that if you are unwell that you refrain from receiving from the chalice or receiving communion on the tongue.***

With the reintroduction of the Chalice, this will also mean an increase in the number of Ministers of Communion across our Masses.

St Vincent de Paul Carina Conference

To donate money via bank transfer, please use the following account details:

St Vincent de Paul Our Lady of Graces Carina BSB: 064 786 Account Number: 100026584

To donate non-perishable food, you are welcome to leave donations in the baskets at the church door.

Good Friday is a day of fast and abstinence. The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year (CCL 97, 1251-52)

Outdoor Stations of the Cross: A reminder to those attending the Outdoor Stations of the Cross on Good Friday to bring a hat and wear appropriate footwear.

The Sacrament of Reconciliation will be available on Good Friday after Stations of the Cross. The priests will be available both outside and inside the church. The priests located outside the church will be under their own marquee. ***This will be the only opportunity during the Triduum for the Sacrament of Reconciliation.***

Good Friday - Celebration of the Passion of the Lord is the second part of the Sacred Paschal Triduum. Jesus' life-giving death is the focus in the proclamation of the Passion and the Adoration of the Holy Cross. The cross is an instrument of life.

For the Public Adoration of the Holy Cross at the end of the Good Friday ceremony, parishioners are invited to touch the cross if they wish. However, there won't be any kissing of the Cross.

From the end of the celebration through Holy Saturday the church is a "shrine" for the Holy Cross.

The collection taken up is for the support of the church in the Holy Land. This collection promotes the missionary work of the Church in the Holy Land by providing welfare assistance to local Christians in areas such as health, education, employment and housing. Parishes, schools, orphanages & medical centres also rely on assistance from this collection. It is also used to maintain over 70 churches and shrines associated with the life of Jesus.

The Easter Vigil is the night of all nights. The entire celebration takes place at night. It should not begin before nightfall and should end before daybreak on Sunday. This is why the Easter Vigil starts at the later start time of 7pm, instead of the usual Saturday 6pm Mass time.

The parts that make up the Easter Vigil are the Lucernarium (Service of Light), the Liturgy of the Word, the Sacraments of Initiation, the Liturgy of the Eucharist and the Concluding Rites.

Celebrating Holy Week with Children

Holy Week marks the most important season of the Christian calendar – when we remember Jesus' death on the cross and celebrate his resurrection. This is an important week, no matter how old you are, and so Evangelisation Brisbane wanted to share a few ideas to engage the kids in our families, parishes and communities, so that they can make a new beginning with Jesus this Holy Week also.

Free resources and ideas are available online at https://evangelisationbrisbane.org.au/childrenandfamilies/childrens-ministry/holyweekkids/?mc_cid=4dcf049375&mc_eid=2af2caaf75

From the Parish Social Justice Committee: Ethical Chocolate Easter Eggs

Before you jump in and buy your Easter eggs, find out where your chocolate comes from.

Due to the uptick in consumer concern around climate change, sustainable agriculture and working conditions for small-scale farmers, more brands have been entering the ethical market, putting independent programs in place or independently certifying their chocolate products. As consumer awareness increases, some retailers such as Aldi, Coles and Woolworths have also introduced their own certified chocolate and cocoa offerings. What's considered ethical might be different for different people. For the purposes of this article, we're applying the term to those chocolate products that have been certified by one of the primary certification bodies available in Australia: Rainforest Alliance, Fairtrade, and Cocoa Horizons.

So as Easter rolls around again, which are the more ethical brands to buy?

- **Aldi's Dairy Fine, Choceur and Moser Roth** chocolate ranges are Rainforest Alliance- or Fairtrade-certified.
- **Chocolatier Australia's** chocolate eggs, available through David Jones, Myer, specialty stores, some IGA and Foodland supermarkets, pharmacies and other chocolate suppliers are Rainforest Alliance-certified.
- **Coles** also has a range of branded Fairtrade- and Rainforest Alliance/UTZ-certified solid block and Easter chocolates.
- **Woolworths' Homebrand** chocolate blocks are certified by either Fairtrade or Rainforest Alliance/UTZ.
- **Haigh's** sources 80% of their cocoa from Rainforest Alliance-certified farms.
- **Divine** chocolate eggs and bunnies are Fairtrade-certified, and are available through online stores.
- **Whittakers** Ghanaian cacao beans are 100% Rainforest Alliance-certified and you can find the logo on chocolate that contains these beans. Some blocks with more than 50% cocoa are also vegan (although may contain traces of dairy products from shared equipment).
- **Darrell Lea** sources 100% of their cocoa from sustainable sources through a partnership with Cocoa Horizons.
- **Koko Black** sustainably sources their cocoa through Cocoa Horizons, and their Easter eggs and chocolate can be found in Harris Farm Markets, specialty stores and online.
- **Loving Earth** has organic, fair trade, and Fair Choice-certified vegan chocolate and Easter products. They're available at Woolworths, through specialty grocers and online.
- **Pico** chocolate blocks are Fairtrade-certified, vegan and organic. They're available at major supermarkets, IGA, Harris Farm Markets and online.
- **Ferrero** has 100% independently certified fair trade cocoa in their chocolate products, including from Fairtrade, Rainforest Alliance and Cocoa Horizons.

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